

APPENDIX Y

Cumberland University Counseling Center BASICS Program

The Brief Alcohol Screening and Intervention for College Students (BASICS) model is a harm reduction approach that has been developed by the Addictive Behaviors Research Center (ABRC) at the University of Washington.

The clinical staff members of the Cumberland University Counseling Center will utilize the BASICS Delivery Protocol that was developed by George Parks of the University of Washington. This protocol utilizes Electronic Check-Up to Go (e-CHUG) which was developed by Doug VanSickle at San Diego State University. Every effort will be made to demonstrate fidelity to this protocol.

Assessment, Screening Instruments, and Tools

- Alcohol Use Disorders Identification Test: Self-Report Version
- Daily Drinking Questionnaire – Revised
- Daily Drug-Taking Questionnaire
- Drinking Quantity/Frequency Index
- Electronic Check-Up to Go (e-CHUG)
- Timeline Followback (TLFB) 30-Day Alcohol Use Diary